

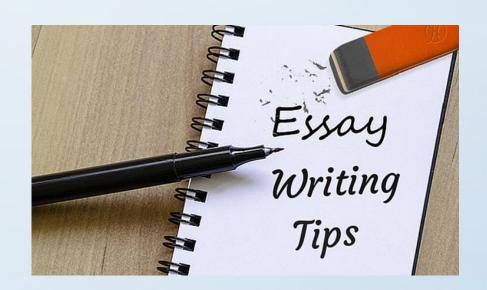
# Applying to College: Essays

From Brainstorming to Final Draft

Classroom Presentation – May, 2019

## What we'll cover today: brainstorming and mechanics for -

- UC Personal Insight Questions
- Common Application Essays
- Supplemental essays including "Why Us?"



### Your writing submission -



- Your interview on paper
- Tell admissions reps something about you they won't be able to determine from your application
- Be reflective dig deep. Things you may think are not exceptional can be – and can make a great story.
- Don't write about a person you admire they'll want to admit that person to college! What was that person's impact on YOU? Whatever the story, it must tell about YOU!

#### Personal Research -



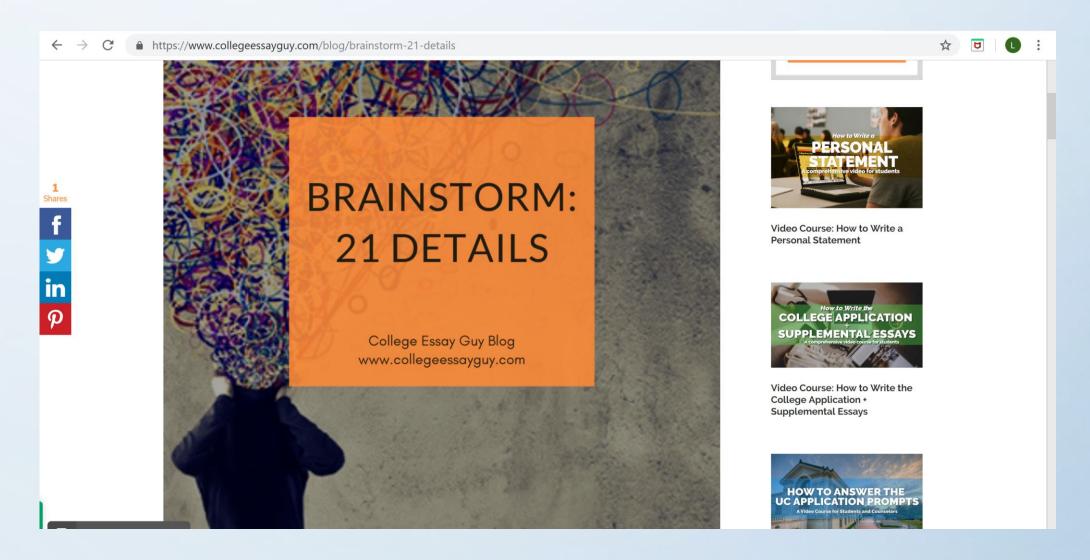
- You need to know yourself what are your values?
- Everything I want colleges to know about me
- Be willing to be vulnerable
- It's about your whole self what skills, qualities and values do you bring?
- Demonstrate to the college that you will make valuable contributions to the college community.

### Brainstorming...generating ideas!

- If you really knew me...
  - Followed by "so what?" what makes that special or how does that define or describe you?
- Core Values what are yours? Are they sometimes conflicting –
  like being competitive, but wanting everyone to be one and
  love each other.
- 21 Random facts about me...great way to find content.
- These are some great exercises from The College Essay Guy –
   Google him and check out his blogs, videos and examples!



### College Essay Guy:



#### 21 Details:

#### Here are 11 of my 21 details:

- We moved 20 times while I was growing up and I attended 13 schools.
- My biggest pet peeve is when the waiter takes my food before I've finished.
- The worst feeling in the world is the dentist's air suction tube sucking air over my teeth.
- I love popping bubble wrap.
- When I was young I used to use my finger to wipe off the top layer of toothpaste that I shared with my sister so I wouldn't get her germs.
- I've won several awards in my life, but I'm most proud of these two: finishing second in the elementary school Spelling Bee when I was nine and being named MVP of the middle school floor hockey All-Star game when I was eleven.
- The most painful thing I ever experienced was breaking my kneecap in the 10th grade during a basketball game. The physical pain wasn't the worst part, though: it was losing the rest of the season and watching my team go 0-18.
- My three younger brothers and I have never, as far as I can remember, ever had a fight.
- See how each is a little tiny glimpse into my world?

### College Essay Guy's What Do I Value?

 Community, inspiration, money, intellect, status, financial gain, laughter, serenity, physical challenge, responsibility, competition, career, fame, working with others, treedom, security, strength, self-control, hunger, personal development, trust, faith, involvement, adventure, vulnerability, adaptability, friendship, excellence job tranquility, power, passion, cooperation, affection, wisdom, knowledge, growth, expertise, order, privacy, self expression, stability, art, autonomy, risk, balance, self-discipline, courage, family, empathy, working alone, humility, efficiency, intensity, health & fitness, meaningful work, my country, músic, truth, resourcefulness, challenges, commitment, leadership, helping others, influence, wit, success, patience, listening, diversity, love, fast-paced work, nutrition, competence, practicality, creativity, excitement, collaboration, social change, beauty, ecological awareness, quality relationships, travel, decisiveness, curiosity, spirituality, loyalty, honesty, independence, supervising others, recognition, accountability, democracy, close relationships, religion, respect, bravery, communication, change and variety, compassion, nature...

## Brainstorming...find your defining qualities:

Able, Accepting, Accurate, Achieving, Adaptable, Adorable, Adventurous, Affectionate, Alert, Altruistic, Amazing, Ambitious, Analytical, Appreciative, Appealing, Artistic, Assertive, Astonishing, Attentive, Authentic, Aware, Awesome, Balanced, Beautiful, Blissful, Blooming, Bold, Bountiful, Brave, Breath-Taking, Bright, Calm, Capable, Careful, Carefree, Caring, Cautious, Centered, Certain, Charitable, Charming, Cheeky, Cheerful, Chirpy, Civic-Minded, Clean, Colorful, Competitive, Clear-Thinking, Communicative, Compassionate, Competitive, Complete, Confident, Conscientious, Considerate, Conservative, Consistent, Content, Co-operative, Courageous, Conscientious, Courteous, Creative, Cuddly, Curious, Cultural, Cute, Decisive, Deliberate, Delicate, Delicious, Delightful, Dependable, Desirable, Determined, Devoted, Disciplined, Discrete, Discriminating, Dynamic, Easy-Going, Eager, Efficient, Empathetic, Enduring, Energetic, Enlightened, Enthusiastic, Entrepreneurial, Excellent, Exciting, Experienced, Fair-Minded, Faithful, Farsighted, Fast-learner, Feeling, Fierce, Flexible, Focused, Forgiving, Fresh, Friendly, Frugal, Funny, Generous, Gentle, Good, Glorious, Graceful, Gratuitous, Great, Groovy, Handsome, Happy, Harmonious, Healthy, Heavenly, Helpful, Holistic, Hopeful, Humble, Humorous, Honest, Humble, Idealistic, Imaginative, Having Integrity, Independent, Individualistic, Industrious, Innovative, Insightful, Inspirational, Interesting, Intelligent, Intense, Intuitive, Inventive, Invigorating, Joyful, Just, Kind, Leading or Leader, Learned, Loving, Loyal, Lucky, Luxurious, Macho, Magical, Manly, Magnificent, Masculine, Mature, Moral, Motivating, Natural, Neat, Needed, Nurturing, Obedient, Objective, Observant, Open, Optimistic, Original, Organized, Outgoing, Outstanding, Passionate, Patient, Peaceful, Perceptive, Persevering, Persistent, Persuasive, Playful, Poetic, Polite, Popular, Powerful, Practical, Precise, Profound, Progressive, Proud, Professional, Punctual ....

### Brainstorming...backwards?

- Read/familiarize yourself with prompts or personal insight questions.
- Think about your defining qualities or a story which illustrates unique qualities about you.
- Choose the prompt or Personal Insight Questions which align with your qualities/character and your own story.



### Essays, Personal Insight Questions and Personal Statements/Supplements:

First and foremost – ANSWER THE PROMPT!



### How many essays??

- The UC Personal Insight Questions offer 8 prompts you pick 4 to answer.
- The Common App offers 7 prompts you pick the one which resonates with you! (Since "Topic of Your Choice" is one option, there is certainly something you can find to write about!)
- If there are essays that overlap, you can "recycle" as long as the prompts align.
- Many colleges have supplemental essays (you will see these on the Common App). Don't overlook them or give the short shrift! If a college has specifically put it in, it is important to them.

#### THERE IS NO PREFERRED PROMPT OR TOPIC!

 One is not better than another – it is YOUR story to write, and it is the story that matters, not the specific topic!

## Choosing a Topic or Which Prompt is Best?

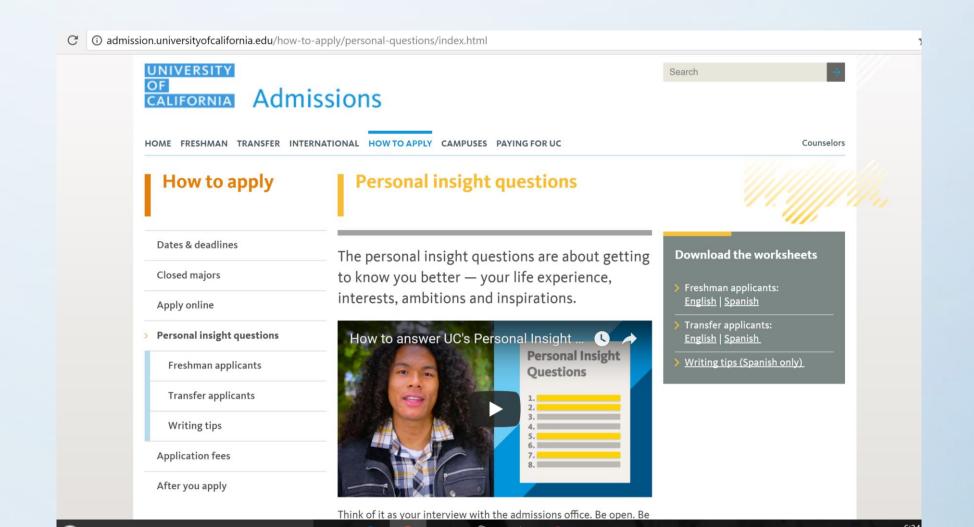


- Topics to avoid: illegal activity, one-track religious or political rants
- Do NOT make your essay a restating of your activities
  - If you choose to write about one activity, be creative
- Be unique by being specific to you (don't choose a topic that everyone else does...game-winning goal, building houses – unless you can provide a really interesting story on that topic)
- A good topic can be mundane: washing dishes, having four sisters, being color blind – but have something interesting to say
- Find a topic that allows you to reveal something about yourself!

### Personal Insight Questions – UC:

- There are eight, you must answer four of them.
- There is no preference chose what speaks to you and helps you tell your story.
- This is NOT a writing sample not flowery. Be straightforward but grammatically correct and proofed!
- With ALL writing, know the word limit and STICK TO IT! (You will be cut off if you go over...) Don't use abbreviations – you want the reader to understand what you're referring to!

## Use all resources! Google things! Follow links from other UC pages!



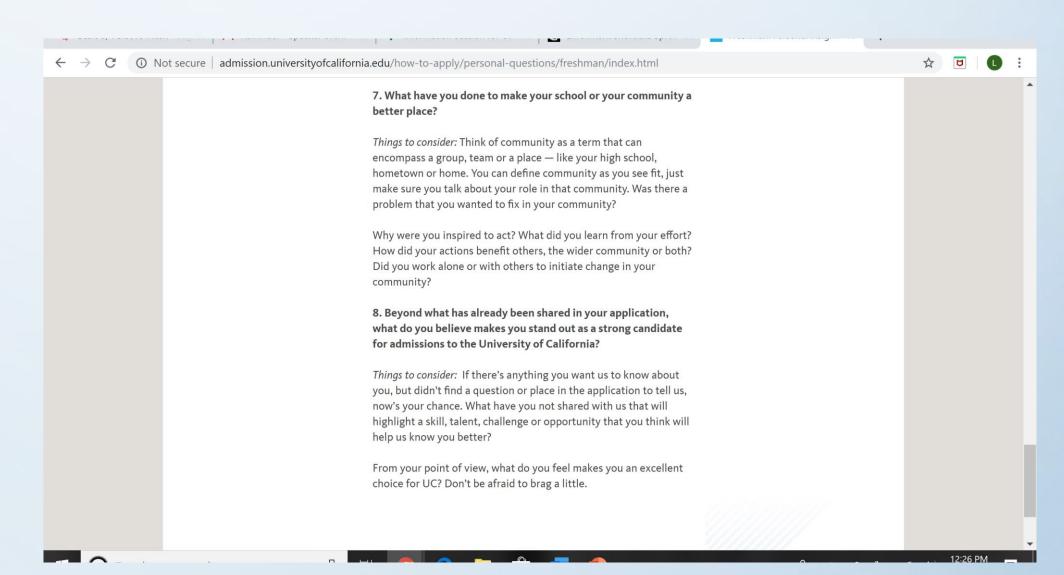
### UC Personal Insight Questions:

- 1. Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes or contributed to group efforts over time.
- 2. Every person has a creative side, and it can be expressed in many ways: problem solving, original and innovative thinking, and artistically, to name a few. Describe how you express your creative side.
- 3. What would you say is your greatest talent or skill? How have you developed and demonstrated that talent over time?
- 4. Describe how you have taken advantage of a significant educational opportunity or worked to overcome an educational barrier you have faced.

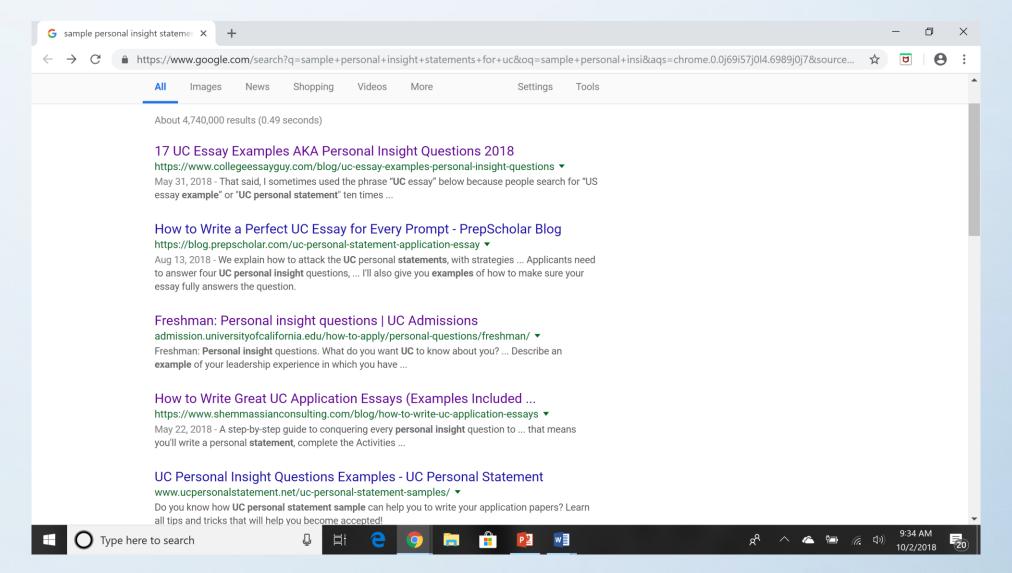
#### UC PIQs Continued:

- 5. Describe the most significant challenge you have faced and the steps you have taken to overcome this challenge. How has this challenge affected your academic achievement?
- 6. Think about an academic subject that inspires you. Describe how you have furthered this interest inside and/or outside of the classroom.
- 7. What have you done to make your school or your community a better place?
- 8. Beyond what has already been shared in your application, what do you believe makes you stand out as a strong candidate for admissions to the University of California?

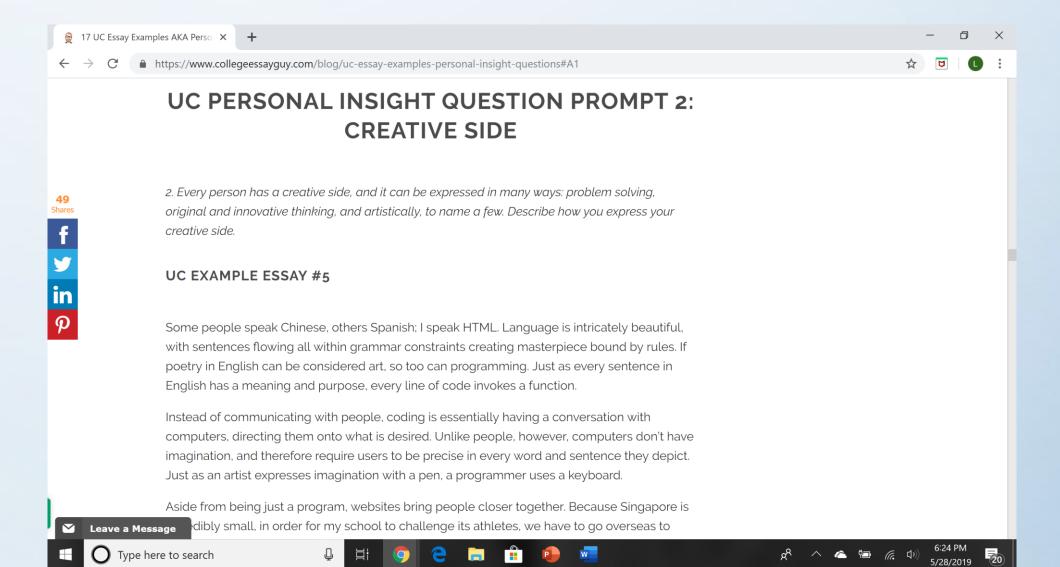
### Read their "Things to Consider" advice:



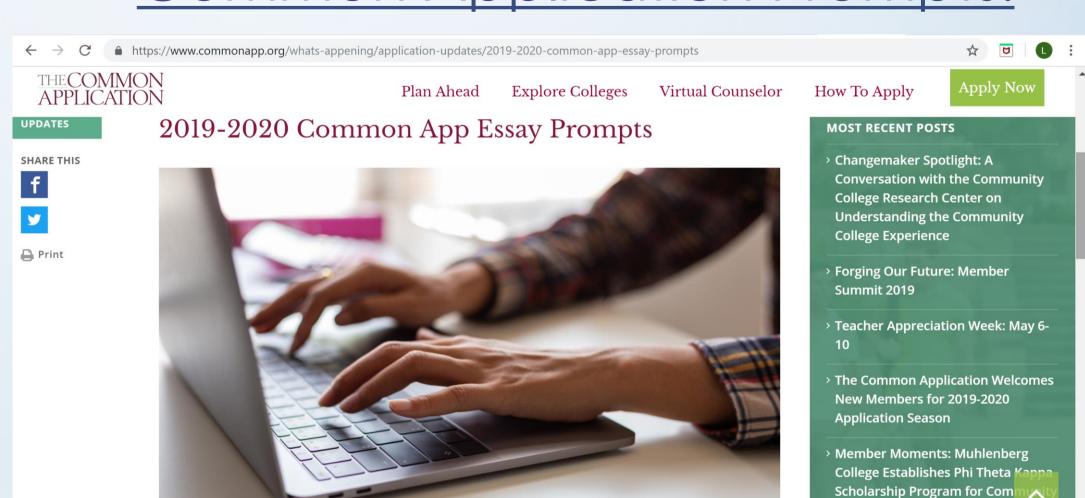
## Google resources – look over samples...don't lose your voice!



#### College Essay Guy example:



### Common Application Prompts:



**College Students** 

## Seven Prompts – don't forget "Topic of Your Choice"

- "Through the Common App essay prompts, we want to give all applicants - regardless of background or access to counseling the opportunity to share their voice with colleges. Every applicant has a unique story. The essay helps bring that story to life,"
  - Meredith Lombardi, Associate Director, Outreach and Education, for The Common Application.

### Common Application Prompts:

- 1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
- 2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
- 3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?

### Common App Prompts – cont'd

- 4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.
- 5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
- 6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
- 7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.







#### Common App Ready Toolkit

#### RECOMMENDED RESOURCES

A Quick Guide to the First Year Application

Tips and Best Practices

« Browse Common App Ready

#### **Common Application Tutorials**

Need a detailed explanation of how to pay for and submit your completed application? Looking for guidance on what Account Rollover means for you? Find everything you need in this comprehensive set of **training videos** - available whenever you need assistance.

This set of videos provides step-by-step guidance through each section of the Common App, including:

- Searching and adding colleges to the My Colleges list
- Completing the FERPA Release Authorization



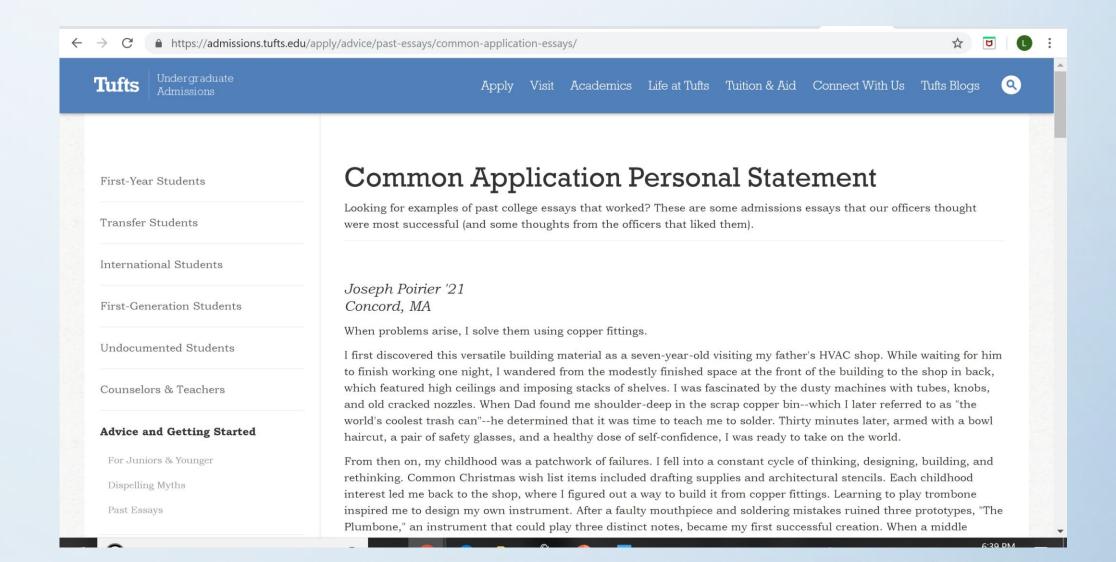
Training Videos

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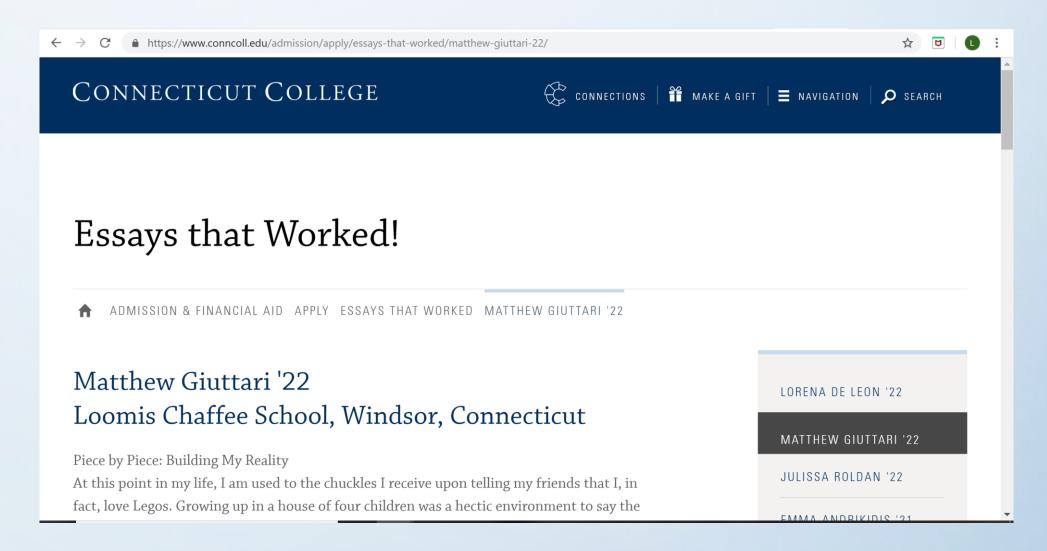




### Use resources – especially when stuck:



#### More resources -



# Importance of Supplements and "why us"?

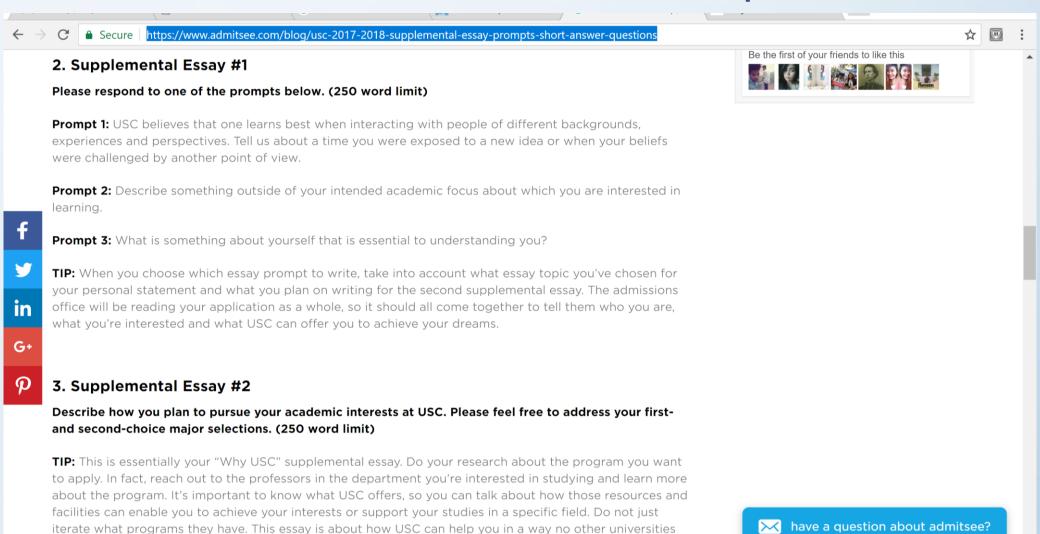
- Supplements are special to the university pay attention and spend time on them.
- Your application is read as a whole. If you have written about one topic in your general Common App essay, chose another topic for your supplement.
- Carefully research your "why us" essay. "I want to study Chinese and combine that with business" – but they don't have a major in Chinese. Dig into the East Asian Studies major and double major with Business OR write about the International Relations/Global Business major and how you intend to pursue that with an emphasis on China.
- How is this school uniquely suited to help you with your studies, and how will you thrive and give back to the university?

### Beware the supplement – it could take some time...

Examples of University of Chicago supplemental essay prompts:

- So where is Waldo, really?
- Dog and Cat. Coffee and Tea. Great Gatsby and Catcher in the Rye. Everyone knows there are two types of people in the world. What are they?
- Lost your keys? Alohomora. Noisy roommate? Quietus. Feel the need to shatter windows for some reason? Finestra. Create your own spell, charm, jinx, or other means for magical mayhem. How is it enacted? Is there an incantation? Does it involve a potion or other magical object? If so, what's in it or what is it? What does it do?
- What's so odd about odd numbers?

#### Use online resources for tips:

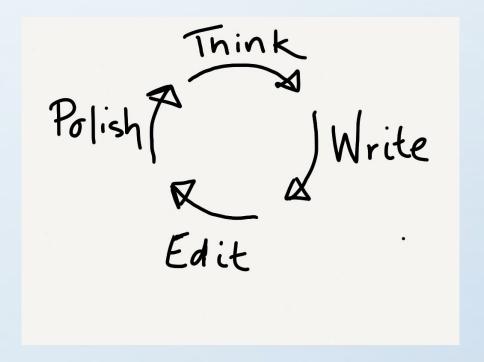


### A few tips from the experts:

- Go easy on buzzwords. They don't want to see you overuse "passion", "leadership", "initiative". Show them how these things apply to your life give examples.
- Leadership doesn't necessarily mean being elected to a position...it comes in many forms, so think about it.
- Colleges don't want all leaders. Collaboration and independent thinking are assets too!
- What do you care about? What would you tell an admissions rep in an elevator?
- More essay articles posted to LJHS College Info Facebook page.

### Your writing submissions:

- They want to know you are "active and alive in the world you live in".
- Know it is a process...take your time and edit, polish, proofread.



### Your writing – pay attention to style:

- Avoid clichés one in a million, nose to the grindstone, to make a long story short
- Avoid flowery language throw away your thesaurus and write authentically
- Don't be vague "I like lots of things about basketball."
- Avoid wordiness. "I have to admit...", "I remember that I felt..."

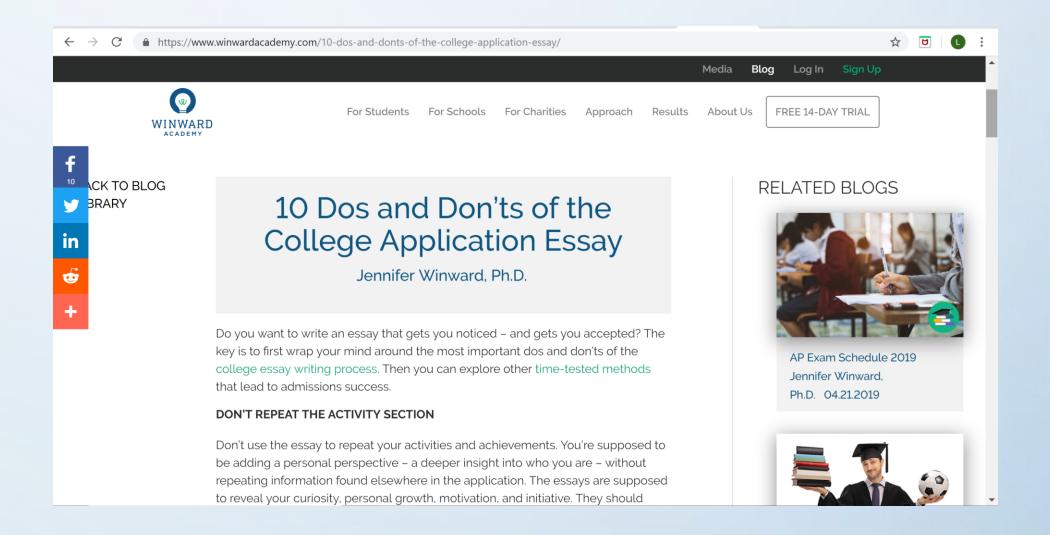


## Pay Attention to writing style: the opening...

#### <u>Start strong – a good opening lures the reader in and makes them want more.</u>

- "When problems arise, I solve them using copper fittings."
- "Transformers are not just for boys."
- "I'm no stranger to contrast. A Chinese American with accented Chinese, a Florida-born Texan, a first generation American with a British passport: no label fits me without a caveat."
- "When I was a little girl, I imagined I had superpowers. Deadly lasers would shoot from my eyes pulverizing the monsters hiding under my bed."
- "It was Easter and we should've been celebrating with our family, but my father had locked us in the house."

### So many blogs, so little time! But be discerning...



### Essay input from others...

- You may work on them in class but you have to be willing to share a part of yourself
- There are sample essays online, but DON'T copy someone else's!
- Two best free on-line resources:
  - The College Essay Guy <u>www.collegeessayguy.com</u>
  - Essay Hell <u>www.essayhell.com</u>
- Goal A good story well told. Simple as that.



### A few extra bits - lagniappe:

- How many colleges should be on your list? (8-12). Each school on your list should be intentional. Never put all your eggs (or hopes) in one basket.
- Fill out counselor input surveys on Naviance and have your parents do the same! Be thoughtful these help counselors write your recommendations.
- Attend college rep visits at LJHS in the fall (you can attend up to 5) that person will likely read your college application, so make a good impression!
- Go on college tours whenever possible sign up and attend the information session.
- Check out Western Undergraduate Exchange schools and scholarships: https://www.wiche.edu/wue
- Research (and be open to) Colleges That Change Lives <a href="https://ctcl.org/">https://ctcl.org/</a>
- Understand early deadlines Early Decision, Early Application, Rolling Admission
- College rankings pay scant attention
- When you get to college GO TO OFFICE HOURS!

Thank you for listening!

### Any questions?

